

January 2018

Calendar of Events

 **Franciscan HEALTH**
FITNESS CENTERS

S M T W T F S

	1 OPEN 7am - 3pm	2 7:00pm CHPD KIDS SWIM LESSONS	3	4	5 6:00pm Adult Boxing & Fitness	6 9:00am CHPD KIDS Swim Time 3:00pm PRAIRIE STATE COLLEGE HOME GAME
7	8 7:00pm CHPD KIDS SWIM LESSONS	9 5:00 & 7:00pm PRAIRIE STATE COLLEGE HOME GAMES	10 7:00pm CHPD KIDS SWIM LESSONS	11	12	13 9:00am CHPD KIDS Swim Time
14 1-3pm CHPD KIDS Swim Time	15 7:00pm CHPD KIDS SWIM LESSONS	16	17 7:00pm CHPD KIDS SWIM LESSONS	18 5:00 & 7:00pm PRAIRIE STATE COLLEGE HOME GAMES	19 6:00pm Adult Boxing & Fitness	20 9:00am CHPD KIDS Swim Time
21 1-3pm CHPD KIDS Swim Time	22 5:30pm The Right Weigh 7:00pm CHPD KIDS SWIM LESSONS	23 5:30pm The Right Weigh	24 8:00am & 5:30pm The Right Weigh 7:00pm CHPD KIDS SWIM LESSONS	25 5:00 & 7:00pm PRAIRIE STATE COLLEGE HOME GAMES	26 6:00pm Adult Boxing & Fitness	27 9:00am CHPD KIDS Swim Time
28 1-3pm CHPD KIDS Swim Time	29 5:30pm The Right Weigh 7:00pm CHPD KIDS SWIM LESSONS	30 5:30pm The Right Weigh 5:00 & 7:00pm PRAIRIE STATE COLLEGE HOME GAMES	31 8:00am & 5:30pm The Right Weigh 7:00pm CHPD KIDS SWIM LESSONS	<p>Prairie State College will use the gym: Monday through Friday ½ of the gym from 2 - 3pm; Whole gym from 3 - 5pm; ½ the gym from 5 - 6pm</p> <p>Chicago Heights Park District will use ½ the gym: Monday through Friday from 6 - 9pm</p>		